

TAKE **5** FOR ENERGY CONSERVATION!

KERN
energy
watch

Do your part to help save energy by following these 5 helpful tips:



Turn off all unnecessary lights and use natural lighting whenever possible.



When working late, use task lighting to directly illuminate your work.



Unplug energy-draining equipment such as cell phone chargers, fans, coffee makers and radios when not in use.



Turn off your computer monitor if you plan to be away from your desk for more than 20 minutes.



Keep your heating thermostat set to 68 degrees or lower and your air conditioner thermostat to 78 degrees or higher, (health permitting).

Save
Energy

A stylized orange plug icon with a registered trademark symbol.

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